

SQUARIC ACID THERAPY FOR WARTS

Your doctor is trying a therapy for warts called immunotherapy with **squaric acid dibutyl ester**. This is a very dilute solution that causes an allergic reaction in the skin, and which has been shown to help many warts resolve by stimulating your body's own immune system to fight the warts.

The therapy will begin with an application of the solution to your forearm or trunk, applied in the office by your doctor. This usually causes no reaction, although the occasional patient may experience some redness and itching. Wash the solution off before bedtime, or sooner if you experience itching or burning. Even though you see no reaction at the site where the solution was applied, this does not mean it is not working.

Your doctor will fax a prescription for squaric acid to NuCara Pharmacy. You must contact them to have the medication shipped to you. The pharmacy phone number is 877.268.2271.

Remember that some redness is necessary in order for the medication to help. Also keep in mind that this treatment takes time, sometimes as long as several months, before you begin to see results. As with all treatments for warts, squaric acid does not work in all patients. If it seems to be ineffective, your doctor will discuss other alternative therapies with you. Feel free to call our office at any time should you have any questions regarding your treatment with squaric acid.

DIRECTIONS FOR APPLYING SQUARIC ACID (SADBE):

1. The medication MUST be stored in the refrigerator.
2. The medication MUST be kept out of the reach of children.
3. Put on gloves. (Gloves MUST be worn at all times when handling the medication.)
4. With a cotton Q-tip, carefully place a small amount of the medication on every wart. (you may want to apply the medication at night time before going to bed)
5. Make sure that the medication had dried COMPLETELY before getting dressed or getting into bed. (This takes approximately 5 minutes)
6. Repeat this process three times a week (such as Mon, Wed, Fri) for the first week.
7. After the first week, if there is no redness or discomfort, increase to once every day until you see your doctor again.